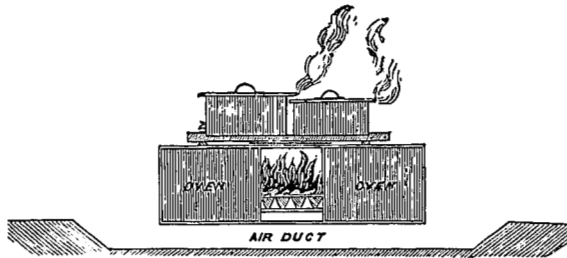
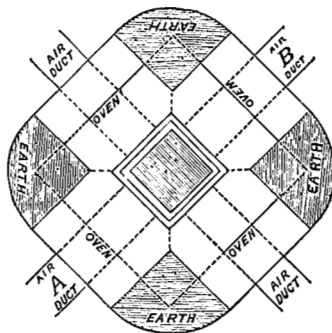


night with nearly two hundred volunteers and guests, and found the repast, consisting of soup, fish, two kinds of joints, two vegetables and pudding, excellent, all cooked at this range in the



Ground Plan of Ovens.—Captain Tomkins' Portable Field Cooking Stove.

open air, and by one man, who seemed to thoroughly enjoy his position of cook—quite an amateur and volunteer performance on his part.



Section through A B.

Many Medical men came to see the "Tortoise." I wish more Nurses could have done so; they could not fail to be interested in the Hospital and the clear explanations and information which Captain Tomkins seemed never tired of giving to any one. My best thanks are due to him for allowing me to send this account to the *Nursing Record*, and for supplying many details and the use of his blocks for the illustrations, which he most kindly offered. I am glad to hear from him that a "Tortoise," recently exhibited at Melbourne, was bought for the Government by the Melbourne Defence Committee. I hope they will soon be widely adopted, having many advantages over the Field Hospitals which have been in use hitherto.

EXCELLENCE is never granted to man but as a reward of labour. If you have great talents, industry will employ them; if you have but moderate abilities, industry will supply their deficiency. Nothing is denied to well-directed labour; nothing is obtained without it.

NURSING IN NEW ZEALAND.

WE wish particularly to draw the attention of those who are suffering from the overcrowded state of the Nursing profession in this country to the following communication received from Miss C. J. Wood, the Secretary of the British Nurses' Association, with the hope that those interested may communicate with Miss Marsden, who has so kindly offered to give such information as a residence of four years and a-half in New Zealand warrants.

To the Editor of "The Nursing Record."

Sir,—Will you oblige by giving the enclosed letter, which I have just received, a place in your next issue?—Faithfully yours,

C. J. Wood, Secretary.

British Nurses' Association,  
8, Oxford Circus Avenue,  
Oxford Street, W., August 16, 1889.

My dear Miss Wood,—Having just returned from a four and a-half years' stay in New Zealand, and knowing the need there of duly qualified Nurses, I wish to bring before the notice of the British Nurses' Association and also the Nurses in England the large field there open to them, if some well-planned Home can be organised in New Zealand; and in order to ascertain if such a plan be feasible, I propose being at the office of the British Nurses' Association, No. 8, Oxford Circus Avenue, W., from Sept. 25 till October 11, from two p.m. till four p.m., except on Wednesdays, when I will be there from seven p.m. till nine p.m., when I shall be pleased to give every information regarding the proposed work. Only duly qualified lady Nurses need apply.—Yours sincerely,

K. MARSDEN,  
Late Lady Superintendent, Wellington,  
New Zealand.

Address communications to Miss K. Marsden,  
3, Hartfield Terrace, Eastbourne.

PATIENCE is the art of waiting and suffering— an art that cannot be bought in the market nor kicked out of the stones. It is only by a constant curbing of the passions, until the effort becomes habitual, that the virtue is acquired. It is the first element in heroism; for it enables its owner to bear an unmerited reproach with fortitude, and rise above the ills of life and the accidents of circumstances; it gives a quiet courage and restfulness hitherto unknown, and disarms the future of half its terrors. "The world is his who has acquired the habit of self-control."

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